

Salzkotten 10 km - Ergebnisliste M

Rang Netto	Rang Brutto	Name (Startnr.)	Verein	Rang Netto	Rang Brutto	AK	Rang Netto	Rang Brutto	Nettozeit	Bruttozeit
1	1	Elias Sansar (1258)	Tus Eintracht Bielefeld ev.	1	1	M40	1	1	00:32:09	00:32:11
2	2	Erik Peters (1231)	LC Paderborn	2	2	M30	1	1	00:33:30	00:33:32
3	3	Mark Wittland (1378)		3	3	M45	1	1	00:36:13	00:36:15
4	4	Patrick Jazwiec (1122)	VerbundVolksbank OWL eG	4	4	M40	2	2	00:37:01	00:37:02
5	5	Nils Von der Heide (1320)	Marathon Soest	5	5	M45	2	2	00:37:58	00:38:00
6	6	Stephan Meiwes (1198)	TuS Bad Driburg	7	7	M35	1	1	00:38:33	00:38:35
6	7	Andre Johle (1125)	KRAFT Runners	7	8	M35	1	2	00:38:33	00:38:36
9	8	Hiroki Kuroda (1167)		10	9	MJ U20	1	1	00:39:32	00:39:34
8	9	Jerik Lehmann (1173)	Warendorfer SU	9	10	MJUN U23	1	1	00:39:29	00:39:35
10	10	Andreas Derksen (1037)	Knelsen GmbH	12	12	M30	2	2	00:39:53	00:39:57
11	11	Fabian Holtapel (1380)		13	13	MJ U20	2	2	00:40:42	00:40:56
12	11	Dominik Mrozek (1364)	Teilzeitläufer Bielefeld	14	13	M	1	1	00:40:54	00:40:56
13	13	Peter Ellinghaus (1053)	SC Melle 03	15	15	M50	1	1	00:41:05	00:41:10
14	14	Hans Dietmar Jäger (1120)		16	16	M55	1	1	00:41:09	00:41:15
15	15	Michael Semmler (1291)	Running Team Grafenberg	17	17	M55	2	2	00:42:19	00:42:25
16	16	Dimitri Springer (1296)	runME	18	18	M30	3	3	00:42:36	00:42:43
17	17	Luca Davidhaimann (1033)	Caritas Werkstätten Paderborn	19	19	M	2	2	00:42:38	00:42:45
18	18	Stefan Wozny (1338)	LSF-Unna-2000	20	20	M40	3	3	00:42:55	00:43:03
19	19	Bastian Köhler (1159)		21	21	M35	3	3	00:43:09	00:43:13
20	20	Simon Bertelsmeier (1020)	SV Upsprunge	22	22	MJUN U23	2	2	00:43:26	00:43:36
21	21	Christian Stöber (1371)	Marathon Soest	23	23	M40	4	4	00:43:31	00:43:43
23	22	Gerhard Peters (1386)	TSV 1850/09 Korbach	25	24	M65	1	1	00:43:40	00:43:45
22	23	Michael Meyer (1201)		24	25	M40	5	5	00:43:38	00:43:53
24	24	Christian Schöneweis (1279)	www.king-of-sports.de	26	26	M45	3	3	00:44:33	00:44:37
25	25	Aljoscha Eisenack (1051)	runME	27	28	M30	4	4	00:44:53	00:45:00
26	26	Kai Herterich (1111)	Hella Lippstadt	30	30	M50	2	2	00:45:44	00:46:02
27	27	Philipp Genders (1079)		31	31	M	3	3	00:46:04	00:46:19
28	28	Lars Rothermund (1248)		32	32	M30	5	5	00:46:12	00:46:21
29	29	Frank Würdehoff (1337)	Wöhler	33	33	M45	4	4	00:46:21	00:46:44
30	30	Marvin Niggemann (1094)	TuS Velmede Bestwig	34	35	M30	6	6	00:46:35	00:46:51
31	31	Lars Fux (1075)		36	37	M40	6	6	00:46:44	00:47:07
34	32	Bernd Schäfers (1375)	TSV Tudorf	41	38	M50	3	3	00:47:17	00:47:24
35	33	Matthias Schmidt (1354)	Basketball	42	39	M30	7	7	00:47:21	00:47:31
33	34	Florian Komm (1160)		39	41	M35	4	4	00:47:08	00:47:34
37	35	Christian Steiling (1355)	Mudders Mantinghausen	44	42	M45	5	5	00:47:23	00:47:36
35	36	Patrick Jäger (1372)		42	43	M40	7	7	00:47:21	00:47:38
32	37	Bernd Kallemeier (1130)		38	44	M55	3	3	00:47:02	00:47:45
39	38	Markus Linnert (1184)		46	45	M40	8	8	00:47:40	00:47:50
38	39	Tobias Kaiser (1374)		45	46	M35	5	5	00:47:35	00:47:53
40	40	Niklas Plückebaum (1234)	TV Brakel	47	47	M	4	4	00:47:44	00:47:57
42	41	Bastian Kleikämper (1352)	GSL Benninghausen	50	49	M30	8	8	00:47:56	00:48:02
41	42	Przemysław Podeszwa (1235)		49	50	M40	9	9	00:47:51	00:48:08
43	43	Peter Schmitt (171)	SCC Scharmede	51	51	M55	4	4	00:48:10	00:48:19
44	44	Manuel Meier (1197)		52	52	M40	10	10	00:48:18	00:48:32
46	45	David Diemke (1039)	CP Tech	54	53	M	5	5	00:48:28	00:48:35
45	46	Andreas Wübbecke (1339)	Club 85 Paderborn	53	54	M40	11	11	00:48:26	00:48:43
49	47	Christian Heimann (1377)	SCC Scharmede	57	55	MJ U20	3	3	00:48:41	00:48:50
47	47	Carsten Leimkühler (1176)	Kruse läuft	55	55	M40	12	12	00:48:32	00:48:50
48	49	Hendrik Möllersmann (1208)		56	57	M	6	6	00:48:38	00:48:53
51	50	Sebastian Haertl (1095)		59	58	M35	6	6	00:48:46	00:48:56
52	51	Benedikt Rotte (1249)	Fördertechnik GmbH	60	59	M35	7	7	00:48:47	00:49:00
50	52	Harald Rupp (1252)	SCC Scharmede	58	60	M55	5	5	00:48:44	00:49:02
54	53	Nobuhiro Kuroda (1168)		63	62	M45	6	6	00:49:11	00:49:26
55	54	Sebastian Possehl (1311)	Fördertechnik GmbH	64	63	M35	8	8	00:49:29	00:49:42
53	55	Sam Marlon Schrammen (1282)	Drachenpaten e.V.	62	64	MJ U16	1	1	00:49:08	00:49:44
56	56	Christian Buschmeier (1032)	Schön langsam e. V.	65	65	M40	13	13	00:49:40	00:49:57
57	57	Fabian Schumann (1288)		66	66	M	7	7	00:49:49	00:50:10

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58	58 Milan Jelínek (1123)	Team Salzkotten-Bystrice	67	67 M40	14	14	00:50:00	00:50:17
60	59 Andreas Derksen (1038)	Knelsen GmbH	69	68 M55	6	6	00:50:12	00:50:20
62	60 Daniel Wex (1331)		71	69 M35	9	9	00:50:16	00:50:31
61	61 Christian Hölscher (1117)	DLRG Salzkotten	70	70 MJUN U23	3	3	00:50:14	00:50:40
62	62 Giambattista Deleonardis (1035)	LT Lieth Paderborn	71	71 M65	2	2	00:50:16	00:50:48
65	63 Sebastian Schulz (1285)	LC Shelly	74	72 M35	11	10	00:50:35	00:50:51
59	64 Markus Niggemeyer (1225)		68	74 M50	4	4	00:50:11	00:50:53
66	65 Sebastian Matz (1196)		76	75 M40	15	15	00:50:45	00:51:03
64	66 Robin Dobbels (1043)		73	76 M35	10	11	00:50:23	00:51:06
69	67 Nils Mahrt (1191)	Antonianum Geseke	79	77 M40	17	16	00:51:05	00:51:18
67	68 Alexander Becker (1015)		77	78 M40	16	17	00:50:55	00:51:24
67	69 Jannik Grote (1093)		77	79 M	8	8	00:50:55	00:51:34
70	70 Tobias Kastrup (1137)		80	80 M35	12	12	00:51:35	00:51:46
71	71 Frank Schilder (1264)		81	81 M35	13	13	00:51:43	00:51:55
73	71 Jonte Herbst (1109)		83	81 MJ U14	1	1	00:51:50	00:51:55
72	73 Tino Schmeiduch (1269)	VfB Salzkotten	82	83 M55	7	7	00:51:47	00:52:13
77	74 Jörg Bertelsmeier (1021)		87	84 M50	5	5	00:52:08	00:52:18
76	75 Róbert Jakab (1121)		86	85 M30	9	9	00:52:00	00:52:22
73	76 Uwe Koslowsky (1161)	Gilbarco Veeder-Root	83	86 M55	8	8	00:51:50	00:52:32
79	77 Mathis Nesemeyer (1219)		89	87 M	9	9	00:52:18	00:52:40
81	78 Alexander Zubert (1353)		91	88 M50	6	6	00:52:28	00:52:42
77	79 Gabriel Scheidler (1263)	Fsv Bad Wünnenberg	87	89 MJUN U23	4	4	00:52:08	00:52:51
80	80 Rainer Englmayer (1382)	CMG Marsberg	90	90 M55	9	9	00:52:27	00:52:52
75	81 Roland Gladbach (1082)	TSV Tudorf	85	92 M45	7	7	00:51:59	00:52:58
82	82 Thorben Nasse (1218)	e.V.	93	93 M35	14	14	00:52:40	00:53:06
83	83 Thomas Lipinski (1185)		95	96 M55	10	10	00:52:44	00:53:19
86	83 Andrew Whittall (1332)	CP Tech	102	96 M35	15	15	00:53:11	00:53:19
88	85 Christian Müller (1216)	SV Upsprunge	104	101 M45	9	8	00:53:15	00:53:32
89	86 Volker Neuhoff (1221)	ZweiLaufen	105	102 M60	1	1	00:53:17	00:53:37
85	87 Theodor Käuper (1138)		100	103 M55	11	11	00:53:05	00:53:43
92	87 Christian Spanuth (1295)		109	103 M35	17	16	00:53:32	00:53:43
87	89 Ulrich Nickeleit-Risse (1365)		103	105 MJUN U23	5	5	00:53:13	00:53:46
84	90 Ralf Montag (1211)	Stadt Salzkotten	98	106 M45	8	9	00:52:58	00:53:48
91	91 Daniel Heuer (1112)		107	108 M35	16	17	00:53:22	00:53:57
90	92 Patrick Fabian Folge (1066)		106	110 M	10	10	00:53:19	00:54:05
93	93 Andreas Hinder (1114)	myconsult GmbH	110	111 M55	12	12	00:53:42	00:54:09
95	94 Kees de Vries (1034)	Hoogezand (NED)	114	112 M65	3	3	00:53:53	00:54:12
94	94 Ludger Kerkemeyer (1363)		112	112 M45	10	10	00:53:50	00:54:12
96	96 Sven Libor (1179)	LG Oerlinghausen	115	116 M45	11	11	00:53:55	00:54:24
101	97 Michael Friedrich (1072)	Paderletics	124	118 M35	18	18	00:54:27	00:54:27
97	98 Markus Rustemeier (1254)	Wöhler	117	120 M50	7	7	00:54:05	00:54:30
98	99 Rötger Sander (1256)	Gebr. Sander GbR	120	121 M50	8	8	00:54:13	00:54:37
100	100 Ralf Schumacher (1287)	VfB Salzkotten - Laufkurs	122	122 M40	19	18	00:54:17	00:54:38
99	101 Gernot Tillmann (1314)	VfB Salzkotten	121	123 M40	18	19	00:54:14	00:54:43
104	102 Miklas Mahlke (1190)	SSV Heilsberg	128	126 MJUN U23	6	6	00:54:41	00:55:07
105	103 Bastian Freitag (1070)		129	127 MJ U16	2	2	00:54:44	00:55:09
103	104 John-Jeromé Schröder (1347)		127	128 M	11	11	00:54:40	00:55:14
102	105 Patrick Müller (1215)	Laufteam Kassel	126	130 M50	9	9	00:54:39	00:55:23
106	106 Marius Wahden (1323)		130	131 M30	10	10	00:54:48	00:55:30
108	107 Dirk Floer (1062)	SF Blau-Weiß Paderborn	133	132 M35	19	19	00:55:07	00:55:33
111	108 Damian Lang (1171)		136	133 M	12	12	00:55:18	00:55:35
109	109 Lars Lohmann (1188)	DLRG Salzkotten	134	134 MJUN U23	7	7	00:55:14	00:55:40
110	110 Andreas Rischke (1240)		135	135 M45	12	12	00:55:17	00:55:45
107	111 Rainer Bracht (1025)		132	139 M55	13	13	00:55:05	00:56:02
112	112 Vit Kirner (1145)	Team Salzkotten-Bystrice	139	140 M30	11	11	00:55:34	00:56:04
115	113 Ulrich Flottmeier (1065)		144	141 M45	13	13	00:55:58	00:56:31
114	114 Oliver Lieder (1181)		142	143 M40	20	20	00:55:49	00:56:37
116	115 Sebastian Schaub (1262)	UNITA DURANT	146	145 M45	14	14	00:56:09	00:56:43
117	116 Iven Vaupel (1316)	TSV Tudorf	148	146 M	14	13	00:56:19	00:56:51
121	117 Noel Heinen (1103)		153	148 M	15	14	00:56:33	00:56:57
118	118 Lorenz Wullenkord (1340)		149	150 M30	12	12	00:56:20	00:57:02
119	119 Franz-Josef Stiens (1373)		150	151 M65	4	4	00:56:25	00:57:11

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122	119 Rainer Wester (1329)	SGW 09	155	151 M50	10	10	00:56:46	00:57:11
120	121 Rolf Richter (1238)		151	153 M55	14	14	00:56:30	00:57:16
124	122 Christian Wiese (1334)	TV Salzkotten Basketball	159	156 M45	16	15	00:56:51	00:57:20
124	123 Burkhard Seeger (1289)	LGO Bochum	159	157 M55	15	15	00:56:51	00:57:22
123	124 Mario Gladbach (1083)		156	162 M45	15	16	00:56:48	00:57:49
128	125 Fabian Herche (1388)		165	163 M35	20	20	00:57:02	00:57:52
126	125 Jürgen Krom (1165)	Raynet GmbH	162	163 M45	17	17	00:56:54	00:57:52
126	127 Alex Graf (1091)	Raynet GmbH	162	165 M40	21	21	00:56:54	00:57:53
130	128 Christian Ahrens (1002)	Gilbarco Veeder-Root	170	168 M45	18	18	00:57:36	00:58:15
129	129 Florian Möller (1207)		168	169 M35	21	21	00:57:21	00:58:16
132	130 Andre Rossig (1246)	SCC Scharmede	172	170 M40	22	22	00:58:00	00:58:30
131	131 Matthieu Häniche (1096)		171	171 M	16	15	00:57:42	00:58:32
133	132 Kilian Hein (1100)		173	172 MJUN U23	8	8	00:58:06	00:58:51
135	133 Andreas Schmidt (1273)	SAMbase GmbH	178	175 M45	19	19	00:58:34	00:59:01
139	134 Robert Fraune (1068)	runME	184	178 M50	11	11	00:59:01	00:59:21
136	134 Andreas Zebrek (1341)	Glück Auf Essen	181	178 M55	16	16	00:58:58	00:59:21
134	136 Andreas Nölkensmeier (1227)		177	181 M40	23	23	00:58:33	00:59:30
141	137 Thomas Marton (1195)	runME	186	182 M35	22	22	00:59:06	00:59:38
137	138 Kai Sänger (1257)		182	184 M40	24	24	00:58:59	00:59:39
139	139 Luc Niski (1226)		184	185 M	17	16	00:59:01	00:59:44
138	140 Edmund Schniedermeier (1276)		183	189 M65	5	5	00:59:00	01:00:01
142	140 Nils Zühlke (1343)	Fördertechnik GmbH	190	189 M35	23	23	00:59:15	01:00:01
143	142 Benedikt Stiewe (1302)	VerbundVolksbank OWL eG	192	191 M40	25	25	00:59:33	01:00:04
145	143 Lutz Bardehle (1011)	VfB Salzkotten	195	193 M55	18	17	00:59:52	01:00:24
145	144 Willibald Kersting (1139)	VfB salzkotten	195	195 M60	2	2	00:59:52	01:00:25
143	144 Helmut Gillmann-Elhaus (1080)		192	195 M55	17	18	00:59:33	01:00:25
147	146 Juri Schartner (1260)		199	199 M40	26	26	00:59:58	01:00:44
148	146 Julius Stöber (1304)	BERTRAND	200	199 MK U12	1	1	00:59:59	01:00:44
149	148 Demian Mai (1192)	SCRW Verne	201	201 MK U12	2	2	01:00:00	01:00:46
150	149 Dominik Osterburg (1351)	GSL Benninghausen	203	202 M35	24	24	01:00:34	01:01:07
152	150 Theo Stach (1298)		205	203 M50	12	12	01:00:35	01:01:18
150	151 Tobias Stöber (1303)	BERTRAND	203	204 M40	27	27	01:00:34	01:01:19
153	152 Carsten Jochheim (1124)		207	206 M50	13	13	01:00:48	01:01:24
154	153 Reinhard Lichtblau (1180)	1.Tri Team Gütersloh GTV	208	207 M75	1	1	01:00:57	01:01:26
155	154 Ulrich Berger (1019)	Stadt Salzkotten	211	210 M50	14	14	01:01:04	01:01:47
155	155 Guido Austermeier (1007)		211	211 M50	14	15	01:01:04	01:01:58
158	156 Torsten Wichmann-Glaser (1333)		216	212 M45	20	20	01:01:38	01:02:03
157	157 Markus Auris (1006)		213	213 M30	13	13	01:01:20	01:02:08
159	158 Stanislav Malant (1193)	Team Salzkotten-Bystrice	217	216 M55	19	19	01:01:41	01:02:23
160	159 Florian Bejma (1016)	Gilbarco Veeder-Root	218	218 MJUN U23	9	9	01:01:44	01:02:25
163	160 Heinz Kitzerow (1147)	TV Jahn Bad Lippspringe	222	220 M65	6	6	01:02:00	01:02:34
161	160 Matthias Heinrichs (1104)	SV Fun-Ball Dortelweil	219	220 M55	20	20	01:01:47	01:02:34
162	162 Marcel Bardehle (1010)	VfB Laufkurs	221	222 M35	25	25	01:01:55	01:02:38
165	163 Viktor Rollheiser (1244)	VerbundVolksbank OWL eG	225	223 M50	16	16	01:02:25	01:02:59
164	164 David Sprink (1297)	Fördertechnik GmbH	224	224 M	18	17	01:02:21	01:03:06
166	165 Franz-Josef Schwarte (1367)	SuS 1920 Störmede	226	225 M60	3	3	01:02:39	01:03:10
167	166 Daniel Bürgermeister (1030)	Fördertechnik GmbH	229	228 M35	26	26	01:03:11	01:04:05
168	166 Florian Knust (1155)	Fördertechnik GmbH	230	228 M35	27	26	01:03:12	01:04:05
169	168 Dirk Finkensiep (1060)	LT Ümminger See	233	232 M60	4	4	01:04:33	01:05:16
171	169 Jaroslav Velička (1317)	Team Salzkotten-Bystrice	238	233 M75	2	2	01:05:01	01:05:20
170	170 Dirk Grimmek (1092)		235	236 M55	21	21	01:04:40	01:05:35
172	171 Jan Wendisch (1327)	Drachenpaten e.V.	240	240 M45	21	21	01:05:23	01:05:58
174	172 Sebastian Kespohl (1140)		244	242 M40	28	28	01:05:27	01:06:04
174	172 Milan Kespohl (1141)		244	242 MJ U16	3	3	01:05:27	01:06:04
173	174 Santa Claus (1344)	3S Runners	243	245 M65	7	7	01:05:26	01:06:25
177	175 Stefan Adomeit (1001)	LSF-Unna-2000	250	250 M45	23	22	01:05:52	01:06:38
176	176 Hermann Gladbach (1081)		248	253 M45	22	23	01:05:45	01:06:44
178	177 Stefan Gärtner (1077)		256	255 M35	28	28	01:06:07	01:06:50
179	178 Thorsten Mombrei (1209)		259	259 M55	22	22	01:06:13	01:07:09
180	179 Frank Schilling (1265)	Gilbarco Veeder-Root	262	261 M50	17	17	01:06:26	01:07:10
181	180 Mathias Becker (1014)		265	264 M	19	18	01:07:14	01:07:59
182	181 Frank Esser (1057)	Juwelier Esser	266	265 M60	5	5	01:07:21	01:08:11

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183	182 Sören Taubitz (1310)		268	267 M50	18	18	01:07:34	01:08:17
184	183 Jörg Steinbeck (1299)	Stadtverwaltung Bad Salzuflen	273	273 M55	23	23	01:08:01	01:08:48
186	184 Roman Kalus (1131)	Team Salzkotten-Bystrice	278	277 M55	24	24	01:08:28	01:09:09
185	185 Klaus Justies (1129)		276	278 M60	6	6	01:08:18	01:09:15
187	186 Dominik Frohnenberg (1074)		282	281 M40	29	29	01:08:53	01:09:37
188	187 Franz Roeder (1242)	Club 85 Paderborn	284	284 M	20	19	01:09:32	01:10:22
189	188 Sebastian Müller (1217)		286	286 M	21	20	01:09:47	01:10:31
190	189 Robin Dirks (1040)		288	288 M	22	21	01:09:59	01:10:53
191	190 Marvin Müller (1213)		290	289 M	23	22	01:10:52	01:11:22
192	191 Peter Dyga (1049)	DLRG Salzkotten	291	290 M45	24	24	01:11:13	01:11:46
196	192 Jan Kupillas (1166)	DLRG Salzkotten	300	294 M	26	23	01:12:17	01:12:44
113	193 Torben Bolte (1023)	TuS Mantinghausen	141	295 M	13	24	00:55:45	01:12:49
193	194 Julian Gockel (1087)	Fördertechnik GmbH	295	296 M30	14	14	01:11:57	01:12:53
194	195 Lars Golze (1090)	SAMbase GmbH	297	297 M	24	25	01:12:07	01:12:59
195	195 Viktor Wild (1335)	SAMbase GmbH	299	297 M	25	25	01:12:08	01:12:59
197	197 Alexander Tschense (1315)	ZweiLaufen	301	301 M45	25	25	01:12:21	01:13:00
198	198 Stephan Kassarke (1134)	myconsult GmbH	304	302 M50	19	19	01:12:48	01:13:15
199	199 Jens Meyer (1202)	runME	306	305 M40	30	30	01:13:00	01:13:42
200	200 Jonas Schröder (1284)		308	306 M	27	27	01:13:17	01:13:46
201	201 Reinhard Schlutius (1268)	VfL Bergheide Oberhausen	312	312 M75	3	3	01:16:23	01:17:29
202	202 Marvin Risse (1241)	Gilbarco Veeder-Root	314	314 M	28	28	01:17:14	01:17:56
203	202 Nuri Gabriel (1076)	Gilbarco Veeder-Root	315	314 M35	29	29	01:17:15	01:17:56
204	204 Josef Kampmeier (1133)		316	316 M35	30	30	01:17:32	01:18:26
205	205 Stefan Schmidt (1272)	runME	317	317 MJUN U23	10	10	01:18:26	01:19:22
206	206 Christian Link (1183)		323	323 M40	31	31	01:20:50	01:21:52
207	207 Michael Zell (1346)	VfL Bergheide 1919 e.V.	329	329 M60	7	7	01:32:41	01:33:47
208	208 Lambert Lumer (1189)	VfL Bergheide	330	330 M80	1	1	01:34:51	01:35:51
209	209 Bernhard Thülig (1313)	VfL Bergheide Oberhausen	331	331 M80	2	2	01:40:42	01:42:01