

AK M55

AK- Platz	Ge- samt	Start- Nr.	Name, Vorname	Verein	5 km	10 km	15 km	20 km	netto	brutto
1	13.	388	Bader, Arnd	Remscheider SV	0:19:48	0:39:05	0:59:34		1:23:41	1:23:44
2	17.	169	Christen, Peter	ASV Köln	0:20:03	0:39:33	1:00:27	1:21:03	1:25:21	1:25:23
3	25.	897	Keim, Volker	Laufschule Düsseldorf	0:20:45	0:40:24	1:01:23	1:21:51	1:26:23	1:26:28
4	40.	1279	Miebach, Martin	TV Refrath	0:20:48	0:41:30	1:03:21	1:24:42	1:29:18	1:29:27
5	64.	767	Nouvertné, Lars		0:22:21	0:43:49	1:06:55	1:28:27	1:32:58	1:33:09
6	74.	1294	Haaser, Matthias	TV Witzhelden	0:22:08	0:43:52	1:07:01	1:29:29	1:34:14	1:34:22
7	84.	506	Horch, Frank	TUS Opladen	0:22:20	0:44:16	1:07:40	1:30:27	1:35:22	1:35:31
8	90.	1320	Wiebe, Andreas		0:22:39	0:44:42	1:08:11	1:31:11	1:35:59	1:36:09
9	104.	1176	Erpenbach, Thorsten	TSV Bayer Dormagen TRI	0:23:09	0:45:33	1:09:10	1:32:24	1:37:02	1:37:27
10	128.	638	Jäger, Jürgen		0:23:20	0:46:32	1:11:02	1:34:57	1:39:47	1:40:10
11	129.	1008	Jäger, Hans Dietmar		0:23:20	0:46:32	1:11:01	1:34:55	1:39:47	1:40:10
12	138.	1093	Rombach, Rudolf	SV Bergwacht Rohren	0:23:41	0:46:36	1:11:10	1:35:22	1:40:39	1:40:54
13	139.	450	Krebs, Michael	TuS Quettingen	0:24:00	0:47:46	1:12:10	1:35:46	1:40:43	1:41:03
14	176.	977	Pytlík, Markus	Stonerunner Freiherr-vom-Stein-Gymnasium	0:24:38	0:47:30	1:12:23	1:37:21	1:42:28	1:43:32
15	179.	1384	Bäker, Thomas	Born2run	0:23:50	0:47:38	1:13:02	1:38:04	1:43:25	1:43:38
16	188.	524	Cucchiara, Salva	KABA	0:24:23	0:47:58	1:13:26	1:38:49	1:44:06	1:44:12
17	195.	685	Wittmer, Peter		0:24:55	0:48:26	1:13:35	1:38:26	1:44:03	1:44:22
18	206.	693	van Holt, Guido		0:24:24	0:47:52	1:13:27	1:38:51	1:44:12	1:45:00
19	214.	771	Puls, Reiner	Puls-Herbold	0:25:44	0:50:38	1:16:20	1:40:02	1:45:07	1:45:51
20	226.	820	Elsner, Norbert	TSG Holzhausen/Sylbach	0:25:09	0:49:46	1:15:36	1:40:41	1:45:39	1:46:41
21	233.	898	Schönfuß, Steffen		0:25:08	0:49:38	1:15:51	1:41:24	1:46:39	1:47:14
22	245.	562	Arnold, Andreas		0:25:50	0:50:22	1:16:21	1:41:33	1:47:01	1:47:55
23	274.	936	Soler-Monte, Jorge		0:25:47	0:50:37	1:17:25	1:44:08	1:49:47	1:50:15
24	282.	1116	Moers, Robert	CUR Group	0:26:09	0:50:51	1:17:44	1:44:53	1:50:10	1:50:42
25	283.	819	Bibic, Nijaz		0:23:39	0:47:57	1:15:19	1:44:34	1:50:32	1:50:47
26	290.	589	Erdmann, Marko	1. FC Spich	0:26:22	0:51:31	1:18:41	1:45:49	1:50:54	1:51:17
27	297.	178	Scheidler, Uwe	Solorunners	0:25:32	0:51:06	1:18:14	1:45:41	1:51:24	1:51:37
28	304.	436	Eckstein, Stefan	www.Entwicklungsprojekte-Stiftung.de	0:24:54	0:49:21	1:16:43	1:45:51	1:51:38	1:52:10
29	308.	709	Kloock, Stephan		0:26:21	0:51:33	1:18:33	1:45:52	1:51:47	1:52:28
30	318.	1133	Brinkmann, Markus	CUR Group	0:26:33	0:52:37	1:20:14	1:46:42	1:52:20	1:53:01
31	330.	965	Schulz, Bernhard	TuS 82 Opladen	0:24:40	0:49:07	1:17:04	1:46:33	1:52:44	1:53:32
32	333.	1005	Stein, Frank	TuS 82 Opladen	0:26:48	0:52:50	1:20:11	1:46:50	1:52:36	1:53:40
33	341.	785	Thiemermann, Norbert	Team Erdinger Alkoholfrei	0:25:42	0:51:34	1:19:39	1:48:08	1:54:04	1:54:30
34	350.	653	Röthel, Thomas	Röthel	0:27:02	0:52:03	1:19:18	1:47:29	1:53:53	1:54:55
35	373.	790	Boelter, Thomas	ERGO sports Köln	0:26:12	0:51:46	1:19:58	1:49:23	1:55:42	1:56:11
36	375.	848	Klinsing, Udo	Diezer TSK Oranien	0:27:14	0:53:49	1:22:23	1:50:12	1:56:00	1:56:16
37	379.	736	Mörchen, Manfred	SV Lüllem Grünwaldläufer	0:26:26	0:54:16	1:23:22	1:50:13	1:55:56	1:56:21
38	385.	984	Busch, Jörg	RunningTeam Irish Pub Koblenz	0:27:34	0:53:54	1:22:05	1:49:57	1:55:46	1:56:43
39	388.	649	Krause, Frank		0:26:47	0:53:05	1:21:08	1:50:07	1:56:25	1:57:06
40	396.	404	Jungblut, Jens Christian	KRONOS	0:27:17	0:54:29	1:22:35	1:50:42	1:56:47	1:57:29
41	410.	314	Kurpat, Frank		0:26:32	0:53:25	1:22:25	1:51:25	1:57:29	1:57:57
42	413.	136	Matas Nobis, José		0:27:10	0:54:32	1:23:34	1:51:52	1:57:51	1:58:06
43	414.	914	Lenz, John	Der Burscheider	0:27:34	0:54:24	1:23:00	1:51:24	1:57:25	1:58:10
44	426.	428	Brueggen, Andreas	Schulstrasse Irrläufer	0:27:53	0:54:24	1:23:06	1:51:26	1:57:29	1:58:38
45	439.	247	Heinzel, Thomas		0:26:32	0:52:53	1:22:22	1:52:11	1:58:39	1:59:19
46	456.	540	Wolber, Kalle	Lucas Runners	0:28:00	0:54:38	1:23:16	1:52:46	1:59:25	2:00:01
47	471.	1579	Yildirim, Muzaffer	Momentive	0:29:20	0:57:02	1:26:09	1:54:15	2:00:02	2:01:23
48	477.	123	Schormair, Wulf		0:28:45	0:56:02	1:25:25	1:54:41	2:00:36	2:01:57
49	480.	1144	Weßeling, Stephan	Peppi	0:28:03	0:55:27	1:24:54	1:54:55	2:01:18	2:02:11
50	481.	1015	Wittke, Miro		0:28:24	0:55:52	1:25:14	1:55:12	2:01:30	2:02:16
51	488.	906	Weber, Wilfried		0:28:44	0:56:01	1:25:13	1:55:14	2:02:09	2:02:51
52	494.	946	Kaiser, Stephan	ERGO sports Köln	0:28:14	0:55:29	1:25:02	1:55:33	2:01:54	2:03:01
53	501.	624	Meyer, Raimund	Leichlingen Roadrunners	0:28:03	0:57:01	1:27:04	1:56:35	2:03:00	2:03:31
54	511.	727	Bauerfeld, Michael		0:30:09	0:57:56	1:27:13	1:56:44	2:03:11	2:04:06

12.6.2022

EVL-Halbmarathon

Leverkusen

AK M55

55	513.	784 Kötter, Guido		0:29:04	0:58:02	1:28:22	1:57:30	2:03:16	2:04:12
56	514.	534 Leineweber, Daniel		0:28:55	0:56:16	1:26:11	1:56:29	2:03:04	2:04:19
57	516.	430 Hartmann, Mathias	TuS 82 Opladen	0:29:39	0:57:49	1:28:04	1:57:23	2:03:23	2:04:36
58	521.	1174 Thome, Wolfgang		0:28:08	0:56:59	1:27:21	1:58:08	2:04:37	2:04:51
59	529.	966 Kammler, Reinhard	Cologne Allblacks	0:29:27	0:58:21	1:27:41	1:58:30	2:04:52	2:05:21
60	535.	1074 Buell, Holger	CUR Group	0:29:23	0:58:12	1:29:08	1:59:28	2:05:46	2:06:13
61	544.	140 Steuck, Peter		0:29:24	0:57:36	1:28:10	1:59:24	2:06:07	2:07:03
62	547.	164 Goldmann, Ingo		0:29:45	0:57:43	1:28:55	2:00:14	2:06:28	2:07:34
63	548.	958 Kappenstein, Maximilian		0:29:35	0:58:34	1:29:57	2:00:26	2:06:54	2:07:36
64	552.	1328 Karon, Krzysztof		0:28:45	0:56:24		2:00:18	2:07:11	2:07:44
65	556.	477 Stahl, Werner	Beethoven Eichhörnchen	0:28:05	0:56:44	1:27:46	2:00:08	2:07:25	2:07:56
66	559.	877 Hartmann, Stefan		0:28:04	0:56:09	1:27:51	2:00:52	2:07:43	2:08:25
67	570.	1058 Memmert, Andreas	TuS 82 Opladen	0:28:19	0:57:10	1:29:34	2:01:14	2:07:52	2:08:55
68	575.	874 Kramer, Michael		0:29:00	0:58:11	1:29:57	2:01:18	2:08:01	2:09:11
69	579.	69 Fiedeler, Michael	Team Erdinger Alkoholfrei	0:29:05	0:59:18	1:30:57	2:02:30	2:09:09	2:09:38
70	580.	90 Keyser, Jörg		0:30:23	0:59:20	1:31:08		2:08:25	2:09:41
71	595.	1096 Schröder, Michael		0:31:20	1:00:10	1:30:52	2:02:10	2:08:55	2:10:12
72	601.	991 Neitzel, Achim	LLG St. Augustin	0:28:34	0:57:45			2:10:39	2:11:10
73	606.	992 Schug, Gerhard	Konzeptum	0:30:10	1:00:06		2:03:48	2:10:54	2:11:51
74	611.	1427 Jakobs, Hans-Joachim		0:27:15	0:54:03	1:25:41	2:03:38	2:11:54	2:12:13
75	621.	1197 Schulze Tilling, Andreas	Lanxess	0:30:56	1:00:41	1:32:49	2:04:53	2:11:32	2:12:48
76	628.	103 Zych, Gregor		0:31:11	1:01:18	1:33:40	2:05:10	2:11:52	2:13:17
77	637.	993 Klopp, Thomas	TV Witzhelden	0:28:51	0:57:40	1:31:04	2:06:07	2:13:00	2:13:41
78	638.	109 Wagner, Kalle	TV Hoffnungsthal	0:30:43	1:00:49		2:06:11	2:12:56	2:13:44
79	639.	232 Dr. Calenberg, Michael	Los Runterfallos	0:29:55	0:59:52	1:32:00	2:05:41	2:12:47	2:13:44
80	655.	792 Schmidt, Jürgen	Krampe-Schmidt Architekten	0:31:11	1:01:45	1:34:30	2:06:48	2:13:47	2:15:07
81	659.	1070 Kottek, Rainer	EVL-Lauftreff	0:29:32	0:58:39	1:31:18	2:06:50	2:14:49	2:15:35
82	666.	924 Menge, Stefan	Running Team Serse Sacchetti	0:30:06	1:00:33	1:33:35	2:08:12	2:15:30	2:16:26
83	669.	161 Erbslöher, Dirk		0:31:56	1:02:42	1:35:48	2:08:31	2:15:20	2:16:36
84	682.	628 Tomasczyk, Matthias	Hetdörper Laufgründe	0:31:46	1:02:16	1:35:36	2:10:37	2:18:35	2:19:53
85	685.	1081 Dr Kowalewsky, Eckart	EVL-Lauftreff	0:30:58	1:01:38	1:35:18	2:11:05	2:18:58	2:20:10
86	694.	1381 Frings, Andreas	TV Witzhelden	0:35:06	1:08:30	1:42:38	2:14:14	2:20:44	2:22:11
87	696.	426 Schillinger, Rainer	TUS Opladen	0:32:31	1:05:15	1:40:05	2:14:13	2:21:12	2:22:28
88	699.	257 Braun, Stephan		0:28:44	0:58:38	1:36:29	2:14:36	2:22:02	2:23:02
89	701.	265 Baumöeller, Guido	Be for Balance	0:31:45	1:04:17	1:39:12	2:14:45	2:22:36	2:23:17
90	705.	759 Merten, Thomas		0:31:54	1:03:36	1:38:42	2:15:21	2:22:44	2:24:06
91	706.	112 Boelen-Theile, Claus		0:32:23	1:05:30		2:15:28	2:22:48	2:24:21
92	709.	1026 Wolfradt, Dirk	EVL-Lauftreff	0:33:53	1:06:30	1:41:14	2:16:02	2:23:42	2:25:06
93	712.	212 Richter, Andre	CUR Group	0:31:25	1:03:49		2:17:08	2:24:48	2:26:02
94	716.	1101 Tenhumberg, Dieter	mas trainig	0:33:56	1:07:45	1:43:25	2:18:41	2:25:58	2:26:59
95	721.	1042 Roggendorf, Hubert	EVL-Lauftreff	0:27:19	0:55:27	1:34:25	2:17:11	2:26:24	2:27:28
96	731.	198 Kolsche, Olaf		0:34:30	1:08:56	1:45:12	2:20:47	2:27:26	2:28:51
97	740.	1302 Baier, Jürgen	TuS Quettingen	0:31:15	1:01:35	1:33:55	2:27:03	2:33:38	2:34:27
98	757.	1597 Forst, Peter	fussballgott24 Running Team	0:36:51	1:14:25	1:54:48		2:42:12	2:43:37
99	773.	782 Paesch, Horst	MST Laufpoint	0:39:47	1:23:31	2:11:06		3:09:57	3:11:33